

J-1/J-2 VISITING SCHOLAR/STUDENT HEALTH INSURANCE SIGN UP

HOW TO SIGN UP FOR OSU UNIVERSITY ACADEMIC HEALTH PLAN INSURANCE

STUDENTS (degree seeking/non-degree students)

To qualify for student insurance the undergraduate J-1 student must be enrolled in 9 or more credit hours for Fall and Spring and 3 hours in Summer. The Graduate J-1 student must be enrolled in 6 or more credit hours for Fall and Spring and 3 hours in Summer. (These enrollment requirements are of health insurance benefits only and not the immigration regulation requirements.)

To sign up for the University Academic Health Plan go to: www.AHPCare.com/okstate

You can pay online with a check or credit card, or use a mail in paper enrollment form with a check or credit card. You will receive a receipt showing the effective dates of the insurance. This receipt must be submitted to the ISS within 10 days of your arrival in the U.S. for proof of compliance.

The insurance coverage must include all J-2 family members that reside in your household while in the U .S. This policy has spouse and children options.

RESEARCH SCHOLARS – SHORT TERM SCHOLARS

As a scholar you are participating in research and scholarly activity for a specific date.

To sign up for the Academic Health Plan go to: www.AHPCare.com/intl

You can pay online with a check or credit card, or use a mail in paper enrollment form with credit or credit card. You will receive a receipt showing the effective dates of the insurance. This receipt must be submitted to the ISS within 10 days for proof of compliance.

The insurance coverage must include all J-2 family members that reside in your household while in the U .S. This policy has spouse and children options.

If you have questions about the insurance policy or need assistance with insurance sign up you can visit the OSU Student Health Center at 1202 W. Farm Road or phone (405) 744-7665.

RESEARCH SCHOLARS – SHORT TERM SCHOLARS EMPLOYED BY OSU

If you are a J-1 Visiting Scholar who is receiving a salary by an OSU department you may have the opportunity to sign up for the University Health Insurance (Blue Cross & Blue Shield) through the university benefit office. Please confirm this benefit with the department and provide evidence of health insurance for you and any family members.

The proof of health insurance must be submitted to the ISS within 10 days of your arrival on the OSU campus. The insurance coverage must include all J-2 family members that reside in your household while in the U .S.

