

## adams market

### all you care to eat

enjoy buffet style dining with something for everyone from a full salad bar to a variety of entrées and delicious desserts.

### gourmet galley

savor the flavor of brick oven pizzas, gourmet sandwiches and salads all made to order.

### hard wok grill

build your own stir fry creation from fresh ingredients then watch it be cooked right in front of you.

### market grocery

milk, sushi, beverages, bread and many other necessities at your finger tips and just a short walk away.

### squawkers

chicken, chicken and more chicken. fried and baked, wings and strips—it's all here along with your favorite home style sides.

## blair dining

### all you care to eat

enjoy buffet style dining with something for everyone from a full salad bar to a variety of entrées and delicious desserts.

### fast break

a convenience store with quick grab-and-go items. also featuring freshens smoothies and ice cream.

### slam dunk cafe

beverages, pastries and delicious sandwiches to tempt you from morning to late night. proudly serving starbucks coffee.



## student union

### four student lounge

snacks, drinks and express to go items in a fun and exciting atmosphere. pool tables and recreational games available.

### almost home

daily specials of down home cooking just like grandma used to make.

### chick-fil-a

a campus favorite offering signature chicken sandwiches, salads and waffle fries.

### java daves

explore an array of flavors with specialty coffees, pastries and ice cream.

### soup & salad

looking for something a little lighter? indulge in our wide variety of salad fixings, fresh fruit and soups.

### subs, etc.

a selection of meats, cheeses, breads and condiments for the ultimate custom sandwich.

### sushi with gusto

hand rolled sushi made fresh daily and conveniently packaged for customers on a tight schedule.

### taco mayo

spice things up with all your tex-mex favorites in a bold, festive atmosphere.

### twenty something too

perfect if you are looking for a drink, snack or quick meal.

### union express

a full selection of grab-and-go sandwiches, salads and fruit for the ideal balanced meal on the go.

### union grill

open early with delicious breakfast sandwiches then hamburgers, hot sandwiches and hot dogs for lunch.

### viva italiano

*molto delizioso* deep dish pizza, pasta and sandwiches.

### the wok

build your own stir fry creation from fresh ingredients then watch it be cooked right in front of you.



## other campus locations

**NEW!**

### café libro in the edmon low library

grab-and-go meets gourmet serving delectable sandwiches, salads, desserts and coffees. proudly serving seattle's best coffee.

### pattillo's at kamm-peterson-friend

a convenience store with everything from drinks, snacks, necessities, express to go items and groceries.

### sidewinder cafe in vet med

tasty grab-and-go items make this the perfect stop for students with hectic schedules and little time between classes.

### stout coffee and cafe in stout

more than just a coffee shop, it is a totally unique dining experience serving starbucks coffee, sandwiches, soups and salads.



## kerr - drummond

**NEW!**

### oregano's

classic italian cooking featuring a hearty lunch buffet, pizza, calzones and pastas.

### taco mayo

spice things up with all your tex-mex favorites.

### twenty something

a convenience store with everything from drinks, snacks, necessities, express to go items and groceries.

**NEW!**

### which wich

an innovative concept featuring superior sandwiches where you choose which bread, which meat, which cheese and which toppings.

## scott - parker - wentz

### little bakery and deli

don't let the word little fool you, this bakery has it all. bagels, pastries, made-to-order salads and sandwiches, assorted drinks and freshens smoothies.

### service station retro burger

at lunch, this retro diner has all the favorites like "doo hickey" hamburgers, grilled chicken, onion rings, fries and shakes.

### service station grill

at night the service station becomes a full-service restaurant offering a wait staff and extensive menu of mouth-watering appetizers, classic entrées and decadent desserts.

## *celebrations catering*

Whether your catering needs call for a lavish reception, a small get-together, a business meeting or a "party-to-go," guests of Celebrations Catering can be assured of courteous and competent services at all times.

For more information about Celebrations Catering, please visit <http://catering.okstate.edu>.



## *choose orange*

The Choose Orange program encourages students, faculty and staff to follow the U.S. Dietary Guidelines. Items that qualify for this program have been identified by the Choose Orange logo.

Choosing healthy options while eating on campus is easy. University Dining Services, in cooperation with the Seretean Wellness Center, is continually examining and analyzing menu items, and has marked the healthiest items on the menu with the Choose Orange symbol. University Dining Services offers a variety of healthy eating options in all of its dining facilities. More items are added all the time, so please be sure to give feedback to the dining staff as to what items you would like to see in the units.

The Choose Orange items follow the U.S. Dietary Guidelines: no more than 30 percent of total calories are derived from fat; zero trans fats; portion control; limited desserts; and more fruits, vegetables and whole grains. More criteria can be found on the official Choose Orange Web site.

The Choose Orange campaign is more than just healthy eating. It is about healthy living and the choices you make. What you eat, what you drink and how you exercise all impact your life and your health. So choose smart. Choose Orange.

For more information, visit the Choose Orange Web site at <http://chooseorange.okstate.edu>.

## *meal plans*

OSU boasts one of the most flexible meal plan systems in the country. It allows you to decide where you want to eat, when you want to eat and how much you want to eat. The OSU meal plan can be used at any of the campus dining options. Anyone can purchase a meal plan including off-campus students, faculty and staff.

Meal plans are based on a declining dollars system. Each time you use your meal plan at one of the campus dining options, a dollar amount is deducted from your balance. A percentage of your meal plan balance can be carried over from semester to semester as long as you have a meal plan contract.

For more information about OSU meal plans, please visit <http://dining.okstate.edu>.



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Oklahoma state university dining services

